## Www.one45.med.ubc.ca

in the past six months i have started drinking a fruit and vegetable smoothie for breakfast with a base of almond or coconut milk plus yogurt or kefir

ophthalmology.med.ubc.ca

www.oas.med.ubc.ca

## www.housing.med.ubc.ca

kind of ironic, donrsquo;t you think? replacing sugar with splenda is supposed to ward off weight gain www.one45.med.ubc.ca

imgbc.med.ubc.ca

## medicine.med.ubc.ca

## med.ubc.ca

www.smp.med.ubc.ca/research

this is what he brought to macau 50 years ago and weneed to continue to push the envelope."

rms.med.ubc.ca

surgery.med.ubc.ca